

CURRICULUM AND SCHEDULE

<i>Introductory Videos</i>	<ul style="list-style-type: none"> • Understanding The Freedom Model (15 minutes) • Role of The Freedom Model Coach (15 minutes)
<i>Cognitive Behavioral Education Tutorial</i>	<ul style="list-style-type: none"> • Video lesson (~30 minutes) • Live Group Discussion (1 - 2 hours depending on questions)
<i>The Freedom Model for Addictions Curriculum</i>	<ul style="list-style-type: none"> • Week 1: Preface & Chapter 1 & 2, Appendices A, B, & C • Week 2: Chapter 3 - 6 • Week 3: Chapters 7 & 11 • Week 4: Chapters 8 - 10 • Week 5: Chapters 12 - 16 • Week 6: Chapters 17 - 20, Appendix D • Week 7: 21 - 23, Appendix E
<i>The Binge Construct - The Key to Solving Addiction</i>	<ul style="list-style-type: none"> • Video lessons: The Solution to Addiction Workshop (2 hours) • Live Group Discussion (2 hours)
<i>Life Movements</i>	<ul style="list-style-type: none"> • Video lessons (1 hour total) • Live Group Discussion (1 hour)
<i>Building Your Freedom Model Coaching Practice</i>	<ul style="list-style-type: none"> • Video lesson (30 minutes) • Live Group Discussion (1 hour)
<i>Mock Coaching Sessions</i>	<ul style="list-style-type: none"> • 2 Live Mock Coaching Session (45 minutes each) • Private Discussion and Evaluation (1 hour)
<i>Private Training and Evaluation</i>	<ul style="list-style-type: none"> • Course wrap-up and evaluation (1 hour)

POST CERTIFICATION MENTORSHIP & SUPPORT

<i>Continuous Access to Online Products & Resources</i>	<ul style="list-style-type: none">• The Freedom Model Online Program Bundle• The Solution to Addiction Workshop
<i>Monthly Live Q&A with Mark and Michelle</i>	<ul style="list-style-type: none">• Coaches Only 2-Hour Q&A and Discussion Sessions on the last Tuesday of every month at 3:00 PM ET
<i>Private Consultations</i>	<ul style="list-style-type: none">• Private Consultation Upon Request• First scheduled consultation is included• Additional Consultations may be scheduled for a fee
<i>Email and Text Support and Mentorship</i>	<ul style="list-style-type: none">• Quick questions can be answered through email and text

ENROLLMENT PROCESS

1. Complete Online Application at www.thefreedommodel.org/certification
2. You will be contacted to set up an interview with Mark and Michelle.
3. Choose the Session and enroll.
4. Session Dates are listed at [Coaching Certification Program Details](#)
5. Financing is available for those who reside in the US and Canada. You can apply here: [Get Financing Information or Apply Now](#)